



WOMEN IN SPORT WEEK

March 7th - 13th 2022

Webinars Interviews Come & Try's Talks Events



●	07.03.22	Sport Ireland - A Women in Sport Visibility Discussion.
●	07.03.22	Inclusive Walk & Roll - Lough Lannagh, Castlebar
●	08.03.22	West of Ireland Women's Mini Marathon Launch
●	08.03.22	Dr Fiona Kyne 'Healthy Eating & Nutrition
●	08.03.22	Westport Kyokushinkai Karate
●	09.03.22	Interview Series Celebrating #WIS
●	10.03.22	Sport Ireland - Respect & Allyship for Women in Coaching & Officiating
●	10.03.22	Castlebar RFC - Women Coaching in Rugby, 7 a-side
●	11.03.22	Sport Ireland – An Insight into Mentoring and Mentee
●	12.03.22	Sport Ireland - Parkrun Women in Sport focus – Nationwide Coaching Network for Elite Female Coaches (invite only)
●	13.03.22	Women's Gravel & MTB Spin
●	13.03.22	Swinford Women's 5K
●	13.03.22	Tullaghan Bay Rowing Club - Womens Come & Try
		Come & Try Martial Arts, Kayaking, Golf, Activator Poles and Much More !

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