

Mayo Sports Partnership Activator Poles Walking Winter/Spring Programme

Area	Start Date	Time	Venue	Contact
Achill	Tuesday 24 th Jan	10am Improvers	Keel Hall	Ray: 0876973093
Achill	Tuesday 24 th Jan	11.15am Beginners	Keel Hall	Ray: 0876973093
Achill	Wednesday 25 th Jan	10am Improvers	Currane Community Centre	Ray: 0876973093
Achill	Wednesday 25 th Jan	11.15am Beginners	Currane Community Centre	Ray: 0876973093
Balla	Wednesday 1 st Feb	10.15am	Community Centre	Edel: 0838287396
Ballintubber	Thursday 2 nd Feb	10:30am	Community Centre	Edel: 0838287396
Ballina Western Care	Thursday 16 th Jan	2pm	Beleek Woods	Ray: 0876973093
Ballinrobe	Wednesday 18 th Jan	11:00am	The Green	Mark:0876091463
Ballyhaunis	Friday 3 rd Feb	11:00am	Clare Court	Tracy:0860618126
Castlebar	Monday 13 th Feb	12:00pm	Muga/Playground Lough Lannagh	Sarah:0879446201
Castlebar Men's Shed	Tuesday 31 st Jan	12.30pm	GMIT Track	Sarah:0879446201
Claremorris	Wednesday 1 st Feb	12:00noon	Mc Mahon Park	Edel: 0838287396
Claremorris Men's Shed	Wednesday 1 st Feb	TBC	Mens Shed	Edel: 0838287396
Kilkelly	18 th Jan	11:00am	The Green	Tracy:0860618126
Knock	TBC	11:00am		Tracy:0860618126
Westport	Tuesday 24 th Jan	11:00am	Skate Park	Edel: 0838287396
Westport Men's Shed	Tuesday 24 th Jan	12 noon	Skate Park	Edel: 0838287396

For More Information log on to Mayo Sports Partnership at www.mayo.ie/sportspartnership

Contact rmcnamara@mayococo.ie or call 094906 4362

