

## Mayo Sports Partnership Activator Poles Walking Winter/Spring 2024 Programmes

Area	Start Date	Time	Venue	Contact	In/Out door
Achill	Tuesdays	10.30am	Various	Helen:0862712676	Outdoor
Achill	Tuesdays	12.30pm	Keel Hall (Indoor)	Helen:0862712676	Indoor
Ballycroy	Tues 9 <sup>th</sup> Jan	3-4pm	Community Centre	Sinead: 0877063186	Indoor
Clare Island	Mon 19 <sup>th</sup> feb	10 – 11am	Community Centre	Ray: 0876973093	Indoor
Ballintubber		10.30am	Astro Pitch	Edel: 0838287396	Outdoor
Ballinrobe	Wed 18 <sup>th</sup> Jan	2-3pm	The Green	Mark:0876091463	Outdoor
Ballyhaunis	Fri 23 <sup>rd</sup> feb	10.45am	Clare Court	Tracy:0860618126	Outdoor
Ballycastle	Tues 23 <sup>rd</sup> Jan	11am	Community Centre	Brian:	Outdoor
COPD Belmullet	Friday 19 <sup>th</sup> Jan	12.30-1.30	Belmullet, Aras Inis Gluaire	Sinead: 0877063186	Indoor
Belmullet	Friday 19 <sup>th</sup> Jan	1.30-2.30	Belmullet, Aras Inis Gluaire	Sinead: 0877063186	Indoor
Currane	Wed 17 <sup>th</sup> Jan	11am	Community Centre	Ray: 0876973093	Indoor
Castlebar	Mon 22 <sup>nd</sup> Jan	12noon	Lough Lannagh	Sarah:0879446201	Outdoor
Castlebar Men's Shed	Tues 6 <sup>th</sup> Feb	12.30pm	GMIT Track	Sarah:0879446201	Outdoor
Geesala	Thurs 11 <sup>th</sup> Jan	3-4pm	Community Centre	Sinead: 0877063186	Indoor
Kilkelly	Wed 24 <sup>th</sup> Jan	11am	The Green	Tracy:0860618126	Outdoor
Knock	Mon 8 <sup>th</sup> Jan	12noon	Carramore, Meadows	Tracy:0860618126	Indoor
Moygownagh	Tues 30 <sup>th</sup> Jan	12.30pm	Community Centre	Brian:	Indoor
Mulranny	Tues 23 <sup>rd</sup> Jan	11am	Community Centre	Ray:0876973093	Outdoor
Newport	Thurs 25 <sup>th</sup> Jan	11.30am	Cuan Modh Centre	Sarah:0879446201	Indoor
Swinford		11.15am		Edel: 0838287396	
Westport	Tues 23 <sup>rd</sup> Jan	11.15am	Skate Park	Edel: 0838287396	Outdoor
Westport Men's Shed		12.30pm	Skate Park	Edel: 0838287396	Outdoor

For More Information log on to Mayo Sports Partnership at [www.mayo.ie/sportpartnership](http://www.mayo.ie/sportpartnership)

Contact [rmcnamara@mayococo.ie](mailto:rmcnamara@mayococo.ie) or call 094 9064362

