***Offertory Donations:***

Sunday 3rd: €550.



Thanks for all your contributions.

**Bohola/Shraheens Newsletter**

**Stephen O’Mahony PP – 094-9384115/086-8226405 –** [**boholaparish@gmail.com**](mailto:boholaparish@gmail.com) **(email for newsletter)**

<https://www.mayo.ie/news/category/connect/parish-news/bohola-parish-news/>

**15th Sunday in Ordinary Time – 10th July 2022**

###### Masses for the Week

|  |  |  |
| --- | --- | --- |
| **Saturday, July 9th.** | **8.00pmVigil** | **Annie & Martin Groarke, Ballyglass and deceased family.** |
| **Sunday, July 10th.** | **9.30am  *Shraheens***  **11.30am*\* Bohola*** | **Private Intention.**  **For all the People.** |
| ***No weekday Masses this week – Fr. O’Mahony on holidays.*** | | |
| **Wednesday, July 13th.** | **10.30 – 11.30am**  **7.00 – 9.00pm** | **Adoration of the Blessed Sacrament.**  **Adoration of the Blessed Sacrament.** |
| **Saturday, July 16th.** | **8.00pm Vigil** | **Private Intention.** |
| **Sunday, July 17th.** | **9.30am  *Shraheens***  **11.30am*\* Bohola*** | **Jimmy Mullaney, Boleyard.**  **For all the People.** |
| ***The 11.30am Sunday Mass will be live-streamed on the Bohola Post Facebook Page every Sunday.***  ***Any other Masses are put online when requested. (Marked with \* above)***  ***All Bohola Masses will be broadcast on the 105.5 FM Radio channel.*** | | |

***Recent Death:*** Please pray for the happy repose of the soul of *Colin Leonard Hornsby*, Breaffy Road, Castlebar and formerly of Carroward and Scunthorpe, UK, who died on Tuesday, June 28th and whose Funeral Mass took place in Bohola on Thursday last, July 7th with cremation afterwards in Shannon Crematorium. May he rest in peace.

***Baptism:*** On Saturday last, July 2nd, we were delighted to welcome *Ruby Mae Malee*, Carracastle, into God’s family. Congratulations to her parents, Tracey and Andrew, her godparents and wider family circle and we wish them every blessing for the future.

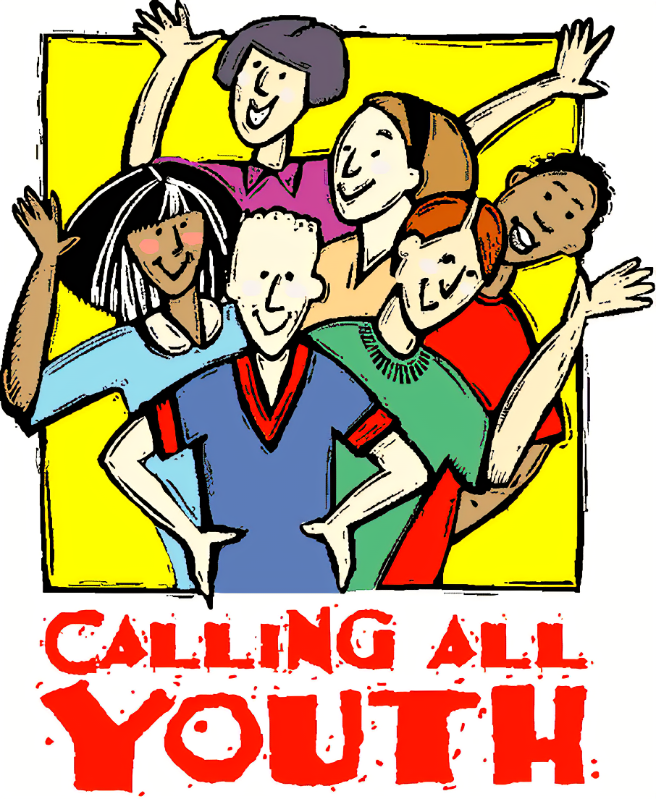
***Wedding Bells!*** Congratulations to *Louise Carney*, Shraheens and *Robbie Skuse*, Crossmahon, Bandon, Co Cork, who were married in Bohola on Saturday last, July 2nd. We wish them every blessing and many happy years of married life together.

Heartiest congratulations also to *John Mountney*, The Village Inn and *Shannon Moran*, Dundalk, who were married recently and celebrated with family and friends in Malta. We wish them every blessing and happiness for many years to come.

***Holidays!*** Fr. O’Mahony is away on holidays until July 22nd. Hopefully there will be no need but in case of emergency please contact Swinford *(087-1338200)*, Fr. Convey, Straide *(094-9031029)* or Fr. Quinn, Kiltimagh *(094-9381198 / 087-9082342)*.

***Welcome to the Table:*** This is a day of celebration for young people (18-30) in the diocese of Achonry. It will be a time to celebrate faith and life with other young people in a welcoming and joyful atmosphere. There will be an opportunity to hear how one sports star – Andy Moran – combines sport, work and faith. You will have time to respond to what he has to say. There will be a Mass, celebrated by Bishop Paul Dempsey. This will be followed by a barbecue and live musical entertainment.

This will all happen at St Nathy’s College, Ballaghaderreen, F45 V122, on **July 17th beginning at 5.00 pm**. Please register on Eventbrite by scanning the QR code alongside. Further details can be found at this link: [*https://achonrydiocese.org/youthministry*](https://achonrydiocese.org/youthministry). There are links to other proposed events as well.



***Timetable for Achonry Youth Day***

*4.30 p.m.       Arrival.*

*5.00 p.m.       Word of Welcome by Bishop Paul Dempsey.*

*5.15 p.m.       A Life of Sport, Work and Faith – Andy Moran.*

*5.45 p.m.      Time to interact and respond.*

*7.00 p.m.      Mass with Bishop Paul Dempsey.*

*8.00 p.m.      BBQ and live entertainment with the Chafftones.*

There will be ample parking spaces at the College on the day.

***Priesthood in Achonry Diocese:*** The Lord asked his disciples to "Pray the Lord of the harvest to send labourers into his harvest" (Mt 9:38; Lk 10:2). Have you the courage to respond to God’s call? Contact our Vocations Director, **Fr Paul Kivlehan, The Presbytery, Ballaghaderreen, Co. Roscommon. Tel. *094-9860011*, Mobile *087-3683535*, E-mail** [***pkivlehan@achonrydiocese.org***](mailto:pkivlehan@achonrydiocese.org)or contact any local priest for more information.

***Reminder of Cemetery Mass:*** *Mass will be celebrated in St. Joseph’s Cemetery on Sunday, 31st July at 11.30am.*

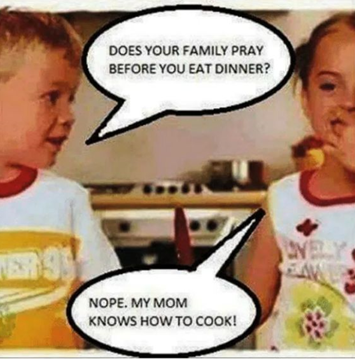
***Written in Hope!*** This newsletter went to print before the All-Ireland Minor final on Friday evening so hopefully as you read this, celebrations are in full swing in Mayo!

***St. Vincent de Paul Urgently Requires Volunteers*** to assist in their shops in Ballina - Donation sorters, Till Operators, Merchandisers, Shop Floor Assistants and Social Media assistants. Contact Peter on *085-8759460* or *096-72905*.

***Free Online Living Well Programme:*** The next programmes commence in *September* on *Monday 5th(10.30am to 1.00pm)*, *Wednesday 7th(7.00 to 9.30pm)* and *Tuesday 20th(10.30am to 1.00pm)*. Limited places. If you are living with a long term heath condition, you may be interested in doing the ‘Living Well Programme’. This is a six-week free online group programme delivered by trained leaders, most of whom are also living with a long-term health condition. You will develop self-management skills and confidence to live well with your health conditions. You must register in advance as places are limited to 10/12 participants. Please note, you do not have to disclose your health condition on the programme. Please contact Liam Gildea on *086-0142675* or by email at [*lgildea@southmayo.com*](mailto:lgildea@southmayo.com). You can find out more information on the programme on our website: [*www.hse.ie/livingwell*](http://www.hse.ie/livingwell).

***Home Instead*** provides Home Help to the elderly in their homes safely and happily. They are actively recruiting Caregivers throughout Co Mayo but particularly in the following locations: Louisburgh, Westport, Swinford, Ballinrobe, Cong, Shrule, Kilmaine, Ballyhaunis, Ballina, Castlebar, Knock, Kiltimagh, Foxford, Knockmore, Partry, Ballintubber, Belmullet, Kincon, Crossmolina and Killala.

For further information please email [*info.mayo@homeinstead.ie*](mailto:info.mayo@homeinstead.ie) or phone the office on *094-9044785***.**



***Looking for a Progression Route to College or Looking for a Job in the Healthcare Sector?*** Why not get yourself a qualification that allows you to do both with a guaranteed job at the end? The RWN Training Services, Castlerea, is now recruiting for all courses in Healthcare, Computers and Retail Skills. Call *094-9621690*; Call/Text *087-2718118* or email [*training@rwn.ie*](mailto:training@rwn.ie) for more information. Apply online at [*www.fetchcourses.ie*](http://www.fetchcourses.ie/) and search RWN to see all our Courses.

***Mayo Tutorial School Irish Course:*** Leaving Certificate Irish preparatory & revision courses in Gaelscoil Raifteirí, Castlebar from 25th to 29th July. Call *087-1179280* or email [*mayotutorialschool@gmail.com*](mailto:mayotutorialschool@gmail.com) for more information.

***Victim Assistance:*** If you or anyone you know needs support, please call us on *FREEPHONE 1800 277 477*, office *094-9000251* or email [*support@victimassistance.ie*](mailto:support@victimassistance.ie). Visit our website *victim*[*assistance.ie*](http://assistance.ie/) to find out more about us.

***Mayo Cancer Support*** provides FREE support services to those affected by cancer. Call *(094) 9038407*.

***GROW Meetings:*** GROW is a self-help group helping people suffering from depression, stress, anxiety, panic attacks, loneliness, shyness etc. Meetings are held every Tuesday night at 8.00pm in Ballina Community Centre. All welcome.

***North West STOP*** offers a *free counselling* service with no waiting lists. Call or text *086-7772009* to arrange an appointment.

***Why Go To Church?***

A Church goer wrote a letter to the editor of a newspaper and complained that it made no sense to go to church every Sunday. ‘I’ve gone for 30 years now,’ he wrote, ‘and in that time I have heard something like 3,000 sermons. But for the life of me, I can’t remember a single one of them. So, I think I’m wasting my time and the priests are wasting theirs by giving sermons at all.’

This started a real controversy in the ‘Letters to the Editor’ column. Much to the delight of the editor, it went on for weeks until someone wrote this clincher: ‘I’ve been married for 30 years now. In that time my wife has cooked some 32,000 meals. But, for the life of me, I cannot recall the entire menu for a single one of those meals.

But I do know this… They all nourished me and gave me the strength. I needed to do my work. If my wife had not given me these meals, I would be physically dead today. Likewise, if I had not gone to church for nourishment, I would be spiritually dead today!’

When you are DOWN to nothing….God is UP to something! Faith sees the invisible, believes the incredible and receives the impossible!

Thank God for our physical AND our spiritual nourishment!

***Long distance relationships are like fat people:***

***They very rarely work out!***